FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
OMB Number:	3235-0287				
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ours per respon	se 0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	es)													
1. Name and Address of Reporting Person * Shaul Stan				Issuer Name and Ticker or Trading Symbol Mentor Capital, Inc. [MNTR]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
2586 CL	,	(First) NE COURT	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 01/23/2018					er (give title belo	ow) C	other (specify belo	ow)			
(Street) NEWBURY PARK, CA 91320			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				: Line)		
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed					osed of, or	sed of, or Beneficially Owned					
1.Title of S (Instr. 3)	Security	Da	Fransaction te onth/Day/Year)	2A. Deemed Execution Da any (Month/Day/		(Inst	e tr. 8)	(A) o (D) (Inst	(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or (Instr. 3 and 4)		Following (a)	6. 7. Nature Ownership Form: Beneficial Direct (D) or Indirect (I) (Instr. 4)			
Common	Stock	01	/23/2018				ode (1)	V Amo	unt (D)	Price \$ 0	12,031			Instr. 4)	
				Derivative Sec			ti quired	ontained he form o	in this fo lisplays a l of, or Be	orm ar curre	e not req ently valid	uired to re d OMB co	nformation espond unle ntrol numbe	ess	2 1474 (9- 02)
1. Title of	2.	3. Transaction	3A. Deemed	4.				ptions, convertible securities er 6. Date Exercisable 7.			itle and	8. Price of	9. Number o	f 10.	11. Nature
	Conversion	sion Date cise (Month/Day/Year) f	Execution Da	te, if Transac Code	Transaction of Derivative		ative ities ired resed)	and Expiration Date (Month/Day/Year) And United See		Am Und Sec (Ins	ount of erlying urities r. 3 and Derivative Security (Instr. 5)		Ownership Form of Derivative Security: Direct (D) or Indirect	of Indirect Beneficial Ownershi (Instr. 4)	
						4, and	13)				1.	_			

Reporting Owners

D (1 0 N (11)	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Shaul Stan 2586 CLAYBOURNE COURT NEWBURY PARK, CA 91320	X						

Signatures

/s/ Stan Shaul	01/23/2018
**Signature of Reporting	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person is tendering his 43 shares to Mentor without consideration.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.