FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Billingsley Chester					2. Issuer Name and Ticker or Trading Symbol Mentor Capital, Inc. [MNTR]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 5964 CAMPUS COURT					3. Date of Earliest Transaction (Month/Day/Year) 11/04/2022								X Ch	X Officer (give title X Other (specify below) Chief Executive Officer / Principal Financial Officer					
(Street) PLANO (City)	TX (State		5093 Zip)	_	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date					2A. Deemed Execution Date, if any (Month/Day/Year			Code (Instr.				5. Amount Securities Beneficially Following I	ly Owned or Reported (In		nership : Direct (D) direct (I) : 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							Code	v	Amoun	it	(A) or (D)	Price	(Instr. 3 and 4)				(instr. 4)		
Common Stock 11/0					04/2022			S ⁽¹⁾	V	208,000		D	\$0.06	334,296			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	.	3A. Deemed Execution Date if any (Month/Day/Yea	Code (Instr.		5. Num Deriva Securi Acquir or Disp of (D) (3, 4 an	tive ties red (A) posed (Instr.	6. Date Exe Expiration (Month/Day		Securit	and Amo		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti	e s ally	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	e V	(A)		Date Exercisabl		piration te	Title	- 1	Amount or Number of Shares		(Instr. 4)	ion(s)			
Series D Warrants	\$1.6							04/11/2000	05/	11/2038	Com		2,047,274		2,047,2	274	D		

Explanation of Responses:

1. Reporting person voluntarily reports early that pursuant to a single Rule 10b5-1 plan, exactly 208,000 shares will be sold in ninety days, between 11/04/2022 to 02/02/2023, in equal weekly sell order lots of 16,000 shares split into three individual sell orders of approximately 5,333 shares each, placed on the first two or three days of each week, during the first 13 weeks of the plan, and priced between the BID and ASK price at approximately \$0.06 per share. Any residual shares remaining in the last ten trading days of the three-month plan will be sold at a market price chosen by the independent broker administering the Rule 10b5-1 plan.

/s/ Chester Billingsley 11/04/2022

** Signature of Reporting Person D

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).