Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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SEC 1474 (9-02)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)												
1. Name and Address of R Billingsley Chester	2. Issuer Name and Ticker or Trading Symbol Mentor Capital, Inc. [MNTR]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner					
P.O. BOX 1709	(First)		3. Date of Earliest Transaction (Month/Day/Year) 08/22/2018						X_Officer (give title below) Other (specify below) Chief Executive Officer			
RAMONA, CA 92065	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if	(Instr. 8)		4. Securiti (A) or Dis (Instr. 3, 4) Amount	sposed o	f (D)			Beneficial Ownership	
Common Stock		08/22/2018 ⁽¹⁾		S	V	208,000	D	\$ 0.95	3,363,886	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respectively the securities of the

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Number		6. Date Exercisable and		7. Title and Amount of		8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	tion	of		Expiration Date		Underlying Securities		Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Derivative ((Month/Day/Year)		(Instr. 3 and 4)		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8))	Securities						(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Acqu	Acquired						(Instr. 4)		
	Security						(A) or					0	Direct (D)		
							Disposed						1	or Indirect	
						of (D)							Transaction(s)	2.2	
						(Inst							(Instr. 4)	(Instr. 4)	
					-	4, and 5)									
								Date	Expiration		Amount or				
									Date	Title	Number of				
				Code	V	(A)	(D)				Shares				
Series B	\$ 0.11							04/11/2000	05/11/2029	Common	07 15(97 456	D	
Warrants	\$ 0.11							04/11/2000	05/11/2038	Stock	87,456		87,456	D	
C · D										C					
Series D	\$1.60							04/11/2000	05/11/2038	Common	2,050,228		2,050,228	D	
Warrants										Stock	, ,				

Reporting Owners

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Billingsley Chester P.O. BOX 1709 RAMONA, CA 92065	Х	Х	Chief Executive Officer						

Signatures

/s/ Chester Billingsley	08/22/2018	
**Signature of Reporting Person	Date	

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reporting person voluntarily reports early that pursuant to a single Rule 10b5-1 plan, exactly 208,000 shares will be sold between 8/22/2018 and 11/14/2018 in equal weekly sell order (1) lots of 16,000 shares split into three individual sell orders of approximately 5,333 shares each, placed on the first two or three days of each week, during the first 13 weeks of the plan, and priced between the BID and ASK price at approximately \$0.95 per share. Any residual shares remaining in the last ten trading days of the three-month plan will be sold at a market price chosen by the independent broker administering the Rule 10b5-1 plan effective 8/15/2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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