FORM 4	•
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Check this box if no							
longer subject to							
Section 16. Form 4 or							
Form 5 obligations							
may continue. See							
Instruction 1(b).							

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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02)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respons	es)												
1. Name and Address of Billingsley Chester	2. Issuer Name a Mentor Capital,			. .	mbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner						
P.O. BOX 1709	(First)	(Middle)	3. Date of Earliest 10/04/2016	Transactio	on (M	lonth/Day	/Year)		X Officer (give title below) Other (specify below) Chief Executive Officer				
RAMONA, CA 920	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)		Date (Month/Day/Year)	Execution Date, if	Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Ownership o	7. Nature of Indirect Beneficial		
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)		
Common Stock		10/04/2016	10/04/2016	S <mark>(1)</mark>		5,400	D	\$ 0.695	4,918,986	D			
Common Stock		10/05/2016	10/05/2016	S		7,300	D	\$ 0.735	4,911,686	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)														
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.	. Nun	nber	6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	n of	f		and Expirati	on Date	Amou	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	D	Derivative (Month/Day/Year) U		Unde	rlying	Security	Securities	Form of	Beneficial		
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Se	ecurit	ties			Secur	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				А	cquir	ed			(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security				(A	A) or				4)			Following	Direct (D)	
					D	ispos	sed						Reported	or Indirect	
					of (D)								Transaction(s)	(I)	
						(Instr. 3,							(Instr. 4)	(Instr. 4)	
					4,	4, and 5)									
											Amount				
								Date	Expiration		or				
								Exercisable	•	Title	Number				
								Exercisable	Date		of				
				Code V	(()	A) ((D)				Shares				

Reporting Owners

Describe Open News (Alle	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Billingsley Chester P.O. BOX 1709 RAMONA, CA 92065	Х	Х	Chief Executive Officer						

Signatures

/s/ Chester Billingsley 10/06/2016 Date **Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). (1) All sales per 10b5-1 Plan initiated August 15, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.