FORM 4	•
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### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)												
1. Name and Address of Reporting F Billingsley Chester	2. Issuer Name <b>a</b> Mentor Capital,				mbol	5. Relationship of Reporting Perso (Check all appli X Director X		er				
P.O. BOX 1709 (First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 09/13/2016						X Officer (give title below) Chief Executive	Other (specify b Officer	elow)		
(Street) RAMONA, CA 92065	4. If Amendment,	Date Origi	nal F	iled(Month	/Day/Yea	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person						
RAMONA, CA 92065												
(City) (State)	(Zip)	Tab	Table I - Non-Derivative Securities Acquired, Disposed o							of, or Beneficially Owned		
1.Title of Security	2. Transaction	2A. Deemed	3. Transac	tion	4. Securities Acquired			5. Amount of Securities	6.	7. Nature		
(Instr. 3)	Date	Execution Date, if	Code		(A) or Disposed of (D)			Beneficially Owned Following	Ownership	of Indirect		
	any	(Instr. 8) (Instr. 3, 4 and 5)			4 and 3	5)	Reported Transaction(s)	Form:	Beneficial			
	· · · ·	(Month/Day/Year)	· /				ĺ	(Instr. 3 and 4)	Direct (D)	Ownership		
		ς <b>γ</b>	Code	V	Amount	(A) or (D)	Price	× ,	or Indirect (I) (Instr. 4)	~		
Common Stock	09/13/2016	09/13/2016	S <mark>(1)</mark>		2,199	D	\$ 0.275	4,960,586	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9contained in this form are not required to respond unless the form displays a currently valid OMB control number.

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

( <i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.	Num	ber	6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	n of	2		and Expirati	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	D	erivat	ive	(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Se	ecuriti	ies			Secu	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				A	cquire	ed			(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security				(A	A) or				4)			0	Direct (D)	
					D	ispose	ed						Reported	or Indirect	
						(D)							Transaction(s)	< / <	
						nstr. 3	· · · ·						(Instr. 4)	(Instr. 4)	
					4,	and 5	5)								
											Amount				
								Date	Expiration		or				
								Exercisable	•	Title	Number				
								Excicisable	Date		of				
				Code V	/ (/	A) (	D)				Shares				

### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Billingsley Chester P.O. BOX 1709 RAMONA, CA 92065	Х	Х	Chief Executive Officer					

## **Signatures**

/s/ Chester Billingsley	09/15/2016
**Signature of Reporting Person	Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) All sales per 10b5-1 Plan initiated August 15, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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