UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
DMB Number:	3235-0	287				
Estimated average burden						
ours per response						

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

ses)													
1 0	Person *	2. Issuer Name and Ticker or Trading Symbol Mentor Capital, Inc. [MNTR]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner							
(First)	(Middle)	3. Date of Ear 08/25/2016	3. Date of Earliest Transaction (Month/Day/Year) 08/25/2016				X Officer (give title below) Other (specify below) Chief Executive Officer						
(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person							
	(7in)												
(State)	1												
	Date	Execution Dat any	e, if	Code	ction	(A) or E	or Disposed of (D) Beneficial Reported 7		Beneficially Owned Following Reported Transaction(s) Ownership		Ownership Form:	7. Nature of Indirect Beneficial	
		(Month/Day/Y	(ear)	Code	V	Amount	(A) or (D)	Price	or Indirection (I)		or Indirect	Ownership Instr. 4)	
	08/25/2016	08/25/2016		S(1)		7,200	11)	*	4,987,78	36		D	
				s Acquire	cont the f	tained ir form dis	n this fo splays a of, or Ber	orm are curre neficial	not req	uired to re	spond unle		02)
3 Transaction					_			_	tle and	8 Price of	9 Number o	f 10	11. Nature
n Date (Month/Day	Execution I any	Date, if Transact	tion CI	of Derivative Securities Acquired A) or Disposed	and	Expiration	on Date	Amo Unde Secu	ount of erlying arities r. 3 and		Derivative Securities Beneficially Owned Following Reported	Ownersh Form of Derivativ Security: Direct (D or Indirect	of Indirect Beneficial Ownership (Instr. 4)
									Amount				
2	a separate line 3. Transaction Date	of Reporting Person * (First) (Middle) (Street) 2065 (State) (Zip) 2. Transaction Date (Month/Day/Year) 08/25/2016 a separate line for each class of second Date Execution Each Control Date (Month/Day/Year) 3. Transaction Date Execution Each Control Date Execution Each Each Control Date Execution Each Each Control Date Execution Each Each Each Each Each Each Each Each	Code Table II - Derivative Securities beneficials of Month/Day/Year) Table II - Derivative Securities beneficials of Month/Day/Year) Table II - Derivative Securities beneficials of Month/Day/Year) 3. Transaction Date (Month/Day/Year) A January (Month/Day/Year)	Code (Instr. 8) Table II - Derivative Securities beneficially of the ingression of	2. Issuer Name and Ticker Mentor Capital, Inc. [Mr Mentor Capital, Inc.	2. Issuer Name and Ticker or Tr. Mentor Capital, Inc. [MNTR 3. Date of Earliest Transaction (Mo8/25/2016 (Street) 4. If Amendment, Date Original F. (State) (Zip) Table I - Non-Der. 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Execution Date, if (Month/Day/Year) 4. If Amendment, Date Original F. (Month/Day/Year) 2. Sample I - Non-Der. (Month/Day/Year) 3. Transaction Execution Date, if (Instr. 8) 4. Code (Instr. 8) (Month/Day/Year) 4. Scurities Acquired, Date (e.g., puts, calls, warrants, options and (Month/Day/Year) 4. S. Number of Date (Month/Day/Year) 6. Date (Month/Day/Year) (Month/Day/Year) 4. S. Number of Date (Month/Day/Year) (Month/Day/Year) 6. Date (Month/Day/Year) (Month/Day/Year) 6. Date (Month/Day/Year) (Month/Day/Yea	2. Issuer Name and Ticker or Trading Symentor Capital, Inc. [MNTR] (First) (Middle) 3. Date of Earliest Transaction (Month/Day 08/25/2016 (Street) 4. If Amendment, Date Original Filed(Month Object of Scale) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Instr. 3) (Instr. 3) (Instr. 3) (Code V Amount object of Code (A) or Earliest Transaction (Month/Day/Year) (Instr. 3) (Ins	2. Issuer Name and Ticker or Trading Symbol Mentor Capital, Inc. [MNTR] (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 08/25/2016 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) 2065 (State) (Zip) Table I - Non-Derivative Securities Acquired (A) or Disposed (Instr. 3, 4 and 5) (A) or Disposed (Instr. 8) (A) or Disposed (Instr. 8) (A) or Disposed of (D) (A) or Disposed of (D) (A) or Disposed of (D) (A) or Disposed of (Month/Day/Year) (Instr. 8) (Month/Day/Year)	2. Issuer Name and Ticker or Trading Symbol Mentor Capital, Inc. [MNTR] (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) (8/25/2016	S. Relation S. Relation S. Relation Mentor Capital, Inc. [MNTR] S. Relation Mentor Capital, Inc. [MNTR] S. Direct S. Direc	2. Issuer Name and Ticker or Trading Symbol Mentor Capital, Inc. [MNTR] 3. Date of Earliest Transaction (Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Execution Date, if any (Month/Day/Year) 2. Transaction Date (Execution Date, if any (Month/Day/Year) 3. Transaction Code V Amount (A) or Disposed of (D) (Instr. 3, 4 and 5) (Instr. 3, 4 and 5) (Instr. 3 and 4) 2. Securities Acquired (A) or Disposed of (D) (Instr. 3 and 4) 3. Transaction (Instr. 3 and 4) 2. Transaction (Instr. 3 and 4) 2. Transaction (Instr. 3 and 4) 3. Transaction Date (Execution Date, if any (Month/Day/Year) 3. Transaction Date (Execution Date, if any (Month/Day/Year) 3. Transaction (A) or Disposed of (D) (Instr. 3, 4 and 5) (Instr. 3, 4 and 5) (Instr. 3 and 4) 4. Securities (A) or Disposed of, or Beneficially Owned (Execution Date, if any (Month/Day/Year) 3. Transaction (Month/Day/Year) 4. Securities (Month/Day/Year) 5. Number (Month/Day/Year) 6. Date Exercisable and Expiration Date (Month/Day/Year) 6. Number (A) or Disposed of (D) (Instr. 3) 6. Number (Month/Day/Year) 6. Number (A) or Disposed of (D) (Instr. 3) 6. Number (Month/Da	2. Issuer Name and Ticker or Trading Symbol Mentor Capital, Inc. [MNTR] 5. Relationship of Reporting Person (Check all applica X Director X 1 X Officer (give title below) Check All applica X Officer (give title below) Check	Securities Sec

Reporting Owners

Describer Occurs Name / Address	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Billingsley Chester P.O. BOX 1709 RAMONA, CA 92065	X	X	Chief Executive Officer				

Signatures

/s/ Chester Billingsley	08/26/2016
***Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All sales per 10b5-1 Plan initiated August 15, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.